



Arrowhead High School Youth Field Hockey Fall League 2026



Join the AHS field hockey staff and players for a fall league full of skills instruction, drills, and scrimmages!

WHO: Girls attending Lake Country-area schools who are entering grades 1st through 8th

WHEN: Tuesdays from 5-6 PM and Saturdays from 9-10 AM starting September 8th and concluding October 20th.

We are targeting some of these days to be scrimmages with local teams (formal schedule provided once league starts).

WHERE: Arrowhead JV field hockey field

COST: \$100 (includes reversible pinnie); \$75 if you already have a pinnie

REQUIRED EQUIPMENT: shinguards (preferably knee-length), cleats (soccer-type), mouth guard, athletic attire, water; sticks will be available to borrow

****Sign up is allowed up to the first day of league play!!****

****We now accept Venmo payments (@AHSFH)!
Otherwise, cash or check written out to Melissa
Bregosz****

ARROWHEAD HIGH SCHOOL
YOUTH FIELD HOCKEY FALL
LEAGUE 2026 REGISTRATION FORM

Player name:

Grade/School (Fall '26):

Primary email address:

Primary phone number:

Pinnie Size (AXXS/AXS, AS/M, or AL/XL):

I approve of my child participating in this league and release the staff and Arrowhead High School of any liability. I also acknowledge that I must have adequate health insurance to cover any injuries that may result from this league.

PARENT SIGNATURE:

*Send completed form and payment (if paying by cash/check) to the following address:

Melissa Brengosz
288 N Lapham St
Oconomowoc, WI 53066